Strengths, Needs, and Individuality **About USM Report**

Personal/Social **Impact**

How would you like a personal report that gives an overview of your unique strengths, motivational interests and ways to become more effective and productive?



Would vou like to have answers to questions such as: How can I deal with the stress I am feeling? Why do I get along with some people better than others? How can I feel part of school and stay connected with my core group of friends?

Family Interactions

What if your family understood why you do what you do? What if they knew what support you need and what they do that causes you stress?



How will interactions with your family change when you know and they know ...and you know that they know why it's so natural for you to do what you do? How can you tell your family what is bothering you? How can you get your family to stop asking vou about things that you do not want to discuss?



College/Post-Secondary Decisions— Transition to the Workplace



Have you considered how understanding your strengths and motivational interests can assist you in evaluating the relationships, environments, and activities that might be the best fit for you? Or how knowing this, will increase your confidence and your chances for success in high school, in institutions of higher learning, and in the workplace?



Parental Communication

As a parent, can you imagine what it would be like to understand vour child's strengths and motivational interests in order to have more open communication?



What would it be like to have less family tension over "appropriate" versus "inappropriate" behaviors? How would it feel to be able to support him/her in decisions such as: What would make time at school more personally rewarding? What activities would better fill my time outside of school?





The **About USM** Report

The **About U**SM Report provides a unique, non-judgmental, non-invasive, non-psychological description of an individual's strengths, motivational interests, and the kind of environment (needs) required to support them. The varied applications for this information found within the report include: how to manage stress in school and daily life; how to communicate with family members, siblings, and friends; how to stay in the most productive state; how to make accurate choices based on the information in their personal profile. The information

presented, maintains its validity and applicability for life.

The **About USM** Report, powered by The Birkman Method®, presents *Birkman* data in youth and adult street-savvy language.

The **About USM** Report is developed from an online questionnaire that takes about forty minutes. Each person receives his/her *About-U Report* in pdf format and the appropriate feedback sessions in person, by phone, and email. The sessions are facilitated by an About USM Consultant.

The Birkman Method®

Individuals and leading companies worldwide, for over 50 years, used The Birkman Method® to drive changes needed to increase individual performance and reach new levels of business excellence. Powerful, proven, and valid this trusted evaluation resource optimizes human potential, enhances human performance, and transforms corporate culture. Simply, it's the world-recognized tool that enables enlightened individuals and companies to reach further.

The Peter Weil Group™

Since 1969, dealing in the commerce of workforce and workplace issues including: Assessing Human Potential, Performance, and Productivity; Career Consulting; Selection and Placement; Business Training; Team-Building, Coaching and Mentoring professionals, individuals, students, and organizations at all levels.

Peter Weil created and wrote *Twenty-Five Clues College Seniors Wish They'd Had as Freshmen; Interview As A Pro; Closing the Sale: Negotiating Your Close; Career Services – The Business; Networking – The Secret Weapon;* Leadership Education Curriculum; Public School Business Education Curriculum.

The Peter Weil Group

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